



Spring 2026 NEWSLETTER

A Christ-centered community for women to rebuild, renew, and recover.

Generational Impact Breaking Cycles, Building Hope

Safe Harbor exists to meet women where they are with the love of Christ, and in doing so, we also serve their children. Homelessness, trauma, addiction, and abuse don't just affect women. In 2024:

- **148,238 children under 18** experienced homelessness on a single night in the U.S.
- **1 in 4** lived in homes affected by addiction
- **6 million** lived with a parent who had both a substance use disorder and a co-occurring mental illness.

These children face increased risks, including health problems, hunger, sleep disruption, academic struggles, developmental delays, anxiety, depression, behavioral disorders, toxic stress, attachment difficulties, and they are at greater risk of repeating cycles of addiction, mental illness, and poverty.

TOGETHER, we can be the hands and feet of Jesus, providing a supportive, loving community that empowers women and their children to walk a new path. When a parent becomes strong, sober, self-sufficient, and independent, the family gains stable, safe housing, which is the foundation for health, learning, and emotional security. Completing parenting classes helps children benefit from consistent, nurturing caregiving, strengthening attachment and trust. With stability, regular school and church attendance increase, and healthy, supportive networks of friends and extended family can grow. Children learn resilience, responsibility, and healthy habits by seeing their parent succeed, helping to break generational cycles of homelessness, addiction, and poverty.

All of this is possible because of your support and partnership.

Thank you for helping us meet women and their children where they are—with hope, support, and the love of Christ—fostering lasting change for families today and tomorrow.

With love,
Gigi Williams, Executive Director



VOLUNTEER OPPORTUNITY!

Two hours, twice a month is all you need to be a Safe Friend for our participants. Go walk around the track, go to the library, take them to supper, etc. This is a great opportunity to pour into the hearts of women being restored and renewed by God!

CONTACT: Jackie@safeharbornc.org

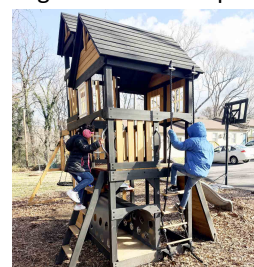
GREENLEAF PROGRAM IMPACT

K's Story

Unable to make ends meet, K made the difficult decision to live with her mom. Due to ongoing challenges in that home, her children went to stay with their father while she worked to stabilize their situation, but she had to leave her Mother's right after moving in.

What happened next is a beautiful testimony to God's exceeding and abundant provision. Her church family helped with a hotel room. Members of the congregation generously provided a vehicle, and just one day before she needed to check out of the hotel, she was welcomed into her new apartment at **Safe Harbor's GreenLeaf Program**. Watching the video of her children exploring their new home was nothing short of humbling. Their joyful voices filled the space as they exclaimed, "This is the best room ever!" and "We will keep our room clean!" It was a moment overflowing with gratitude and hope and she is raising her children

to be good stewards of every gift from God and His people. As K prepares to move forward from the program, she reflects on the many blessings she received through Safe Harbor: a Safe Friend who is very dear to her, a Financial Coach who equipped her with budgeting skills, and a community that made her family feel safe and loved. - "Exceeding. Abundant. That is how God blesses us."



K's kids playing at GreenLeaf playground

Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."



Matthew 19:14

MARK YOUR 2026 CALENDAR

June 11

CAMPING FOR A CAUSE

112 2nd Ave. SE, Hickory, NC
24 Hour Event



Pitch a tent, small camper, vehicle, cardboard home, you choose what you sleep in. Community partners are invited to set up a table! **To reserve a SPOT** call or email: 828-326-7233 OR stefanie@safeharbornc.org

To help sponsor this event, contact: gina@safeharbornc.org

October 19

CELEBRATE THE HARVEST



Help Support Us!

HOST A BLOOD DRIVE



For more information, please email: stefanie@safeharbornc.org

HARBOR Sponsors



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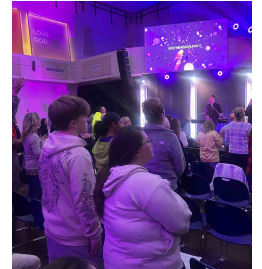
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Steve White Motors / The Hickory Tree / Vanguard Furniture

S's Story

S was on track to graduate from WW when an unexpected custody issue arose concerning her son. He had been living with a family member, but through no fault of his own, that arrangement was no longer possible. Rather than allowing him to enter the foster care system, we were able to adjust her programming and move her into a two-bedroom apartment at GreenLeaf ahead of schedule. That very first weekend, she was able to take him to ReSource Warehouse to pick out clothes and essential items. They also attended church together, a simple yet profound moment of restoration.

For a child who once believed he might never see his mother outside of prison, he is now living with her in a beautiful, safe, and secure environment. When we help women, we help their children. Because we are a person-centered program, we have the flexibility to pivot when circumstances change and redirect outcomes toward hope and stability. Through prayer and the dedication of an incredible staff, we are able to pause, thoughtfully assess each situation, and determine the very best way to serve. Lives are not just being supported, they are being restored.



S and her son
at a church service



LOVE COOKING?

Sign up to provide lunch for our Community Center participants! Drop off the meal, or stay and visit with some of our ladies!

Contact: jackie@safeharbornc.org

Safe Harbor

exists to meet women where they are with the love of CHRIST, and in doing so, we also serve their children. Together, we can be the hands and feet of Jesus, providing a supportive, loving community that empowers women and their children to walk a new path.



Help mothers heal
and change
generational cycles!

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BE A HARBOR CHAMPION!

Sign up for recurring monthly donations. \$25, \$50 or \$100 a month makes a difference in the lives of the women and children we serve!