

Safe Harbor

Whole Woman Residential Program Criteria

- Actively pursuing recovery from substance use and/or co-dependency and indicating a clear desire for assistance with managing moderate mental health issues (if applicable).
- Applicants between the ages of 25-50 take priority; applicants 18 and up will be considered on a case by case basis and/or referred accordingly.
- Willingness to comply with all components of the Whole Woman Residential Program.
- Non-smoker or willing to quit smoking upon entering the program.
- Must have 15 days sobriety and/or completed detox and able to pass a substance test upon arrival.
- Not on any medications that contain benzodiazepines, barbiturates, alcohol, narcotics, or antipsychotic medications.
- Willing to refrain from romantic relationships and to remain abstinent throughout all tracks of the program.
- Willing to comply with the components of Empower 2 Employ work training.
- Willing to submit a comprehensive clinical assessment (CCA) to Safe Harbor.
- Catawba County residents will be given first priority; however, we will accept women from other counties.
- Applicants with active warrants in any county, or outstanding court cases in counties beyond Catawba, Caldwell, Burke, or Alexander are considered on a case-by-case basis.
- Willing to acknowledge that Safe Harbor is a Christ-centered organization and will cooperate with the biblical components that are at the foundation of what we do.
- Applicants should know that there is a zero-tolerance for active substance use, including smoking/vaping, stealing, or physical/verbal threats of any kind. Women who choose these behaviors are choosing to exit our program immediately.

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Whole Woman Residential Program Application Process:

1. Referring agencies, organizations, and individuals are to first complete the entire application packet and submit it to Safe Harbor.
2. **A comprehensive clinical assessment (CCA) is required to fully process the application.** This assessment must be dated within one year of the application.
3. A staff member will contact the applicant within 24-48 hours of receipt of application.
4. Safe Harbor is not a medical facility; therefore, we are unable to accommodate residents who have a diagnosis of Psychotic Disorder, Antisocial Personality Disorder, Schizophrenia, Schizoaffective Disorder, or Borderline Personality Disorder.
5. An initial phone call will be conducted to determine level of commitment to recovery.
6. After the phone interview, the applicant will either receive resources to a more appropriate fit of a recovery program, or their application and CCA will be reviewed by both case managers and program manager, and a face-to-face or Zoom interview will be scheduled within 24-48 hours.
7. All face-to-face and Zoom interviews will be prayerfully considered and decided upon within 24-48 hours.